



# KWRC

Kodiak Women's Resource and Crisis Center

## Shelter Wish Lists

### Fresh Food:

Fresh Fruit & Veggies  
Lunch Meats  
Milk & Eggs \*  
Butter  
Cheese  
Bread

### Spices:

Black & Cayenne Pepper  
Onion & Garlic Powders  
Pepper Flakes  
Paprika  
Season Salt

### Canned Foods:

Soups & Chili  
Ravioli & Spaghetti  
Canned Fish or Meat \*  
Pasta Sauce

### Non-Perishables:

Coffee  
Sugar \*  
Powdered Creamer  
Cold Cereal/ Oatmeal Packets  
Shelf Milk \*  
Powdered Drink Mixes \*  
Rice & Pasta  
Cooking Spray  
Cup'O'Noodles/ Ramen \*  
Pre-Packaged Meals/ Meal Kits  
Soy & Teriyaki Sauces

### Other Needed Items:

Safeway & Walmart Gift Cards \*  
Pillows & Mattress Pads  
Towels (Kitchen, Bath, & Cleaning)  
Dishwasher Detergent Pods \*  
Laundry Detergent Pods \*  
Toilet Paper & Paper Towels \*  
Tall Kitchen Trash Bags \*  
Multi-Purpose Cleaning Products  
REUSABLE Water Bottles & Plastic Cups  
Silverware, Wooden Spoons,  
Plastic Bowls

### Women & Children's Clothing:

T-Shirts & Leggings (S, M, L, XL)  
New Socks & New Underwear \*  
Coats, Winter Gloves,  
Scarves, Hats, Slippers

### Medications:

Infant/ Children's Tylenol & Motrin  
Adult Tylenol & Motrin  
Tylenol PM, Melatonin  
Adult & Children's Benadryl  
Cough Drops  
Adult & Children's Cold Meds  
Tums/ Antacids  
Neosporin & Antiseptic Wash  
Hydrocortisone

### Personal Care Items:

Body Wash/ Soap  
Shampoo & Conditioner  
Toothbrushes & Toothpaste \*  
Deodorant \*  
Lotion  
Q-Tips  
Chapstick \*

*\* Indicates High Need*

Items can be dropped off at 422 Hillside Drive 7 days a week 9am to 8pm.

We accept and greatly appreciate any and all donations.